

PRESS RELEASE

*'The better prepared you are for the world,
the better the world will receive you'*

~ Diana Hayden, former Miss World

A new feather in her cap Diana has turned debut author penning the ultimate grooming guide for every woman who wishes to bring out the best in herself.

This elegant grooming manual titled *A Beautiful Truth* is a clear and definitive 256 page guide, that speaks to a woman practically, truthfully and purposefully and educates her on every aspect of grooming.

Diana's detailed one-stop-shop on personal grooming for women is a snazzy, informative and easy-to-do book from which every woman can benefit. Diana took two and a half years to write the book. 'I realise how privileged I am to have had access to so much in-depth knowledge in all aspects of grooming, and decided to share it with all women so they too could benefit from it the way I did' she says.

A Beautiful Truth is filled with information, illustrations, photographs, tests, tips & tricks, do's & don'ts and charts that have been personally created by Diana. The book is also interspersed with very honest and down-to-earth anecdotes from Diana's personal life.

Diana's book *A Beautiful Truth - The Art of Grooming for Women* is now available at all major bookstores across India.

REVIEWS:

The most comprehensive 'get gorgeous' book to hit the stands yet! Diana Hayden's *A Beautiful Truth* is relevant in a modern DIY way – **Marie Claire**

Diana Hayden is a generous beauty queen. In her first book, she lets you in on the inside Tips & Tricks to look perfect all the time. If you're yet to identify your favourite beauty expert, here it is in the form of Diana's new grooming DIY manual. Very useful! – **Femina**

Rarely, if ever, has there been a complete resource that a woman might turn to for quick, easy solutions to everyday questions about grooming. In what looks like a first, Miss World 1997, Diana Hayden has offered women a one-stop book offering complete grooming solutions – **Style Speak**